



## SPA IN THE COUNTRY AT KEDAR HERITAGE LODGE

R565, RUSTENBURG, NORTH WEST PROVINCE

014 573 3218

KEDARADMIN@RALI.CO.ZA

WWW.SPAINTHECOUNTRY.CO.ZA

## STAY OVER PACKAGES

### RETREAT FOR TWO

**SERVED ON ARRIVAL**  
Selection of Arrival snacks

**FOOD SERVICE**  
Spa Picnic Lunch

**ACCOMMODATION**  
Executive Suite inclusive of dinner bed & breakfast

**TREATMENTS** - 3 hrs, 30min  
Aroma Spa Bath  
Shea Butter Full Body Massage  
Boabab Vit C Facial OR  
Express Mani & Pedicure  
Reflexology Ritual  
African Scalp Massage

**R 7 300**  
PER COUPLE

### AFRICAN INDULGENCE

**SERVED ON ARRIVAL**  
Selection of Arrival snacks

**FOOD SERVICE**  
Spa Picnic Lunch

**ACCOMMODATION**  
Executive Suite inclusive of dinner bed & breakfast

**TREATMENTS** - 5 hrs, 30min  
Aroma Spa Bath  
Spa in the Country Royal Glow Experience  
(Full Body Massage & Scrub)  
Signature Facial OR  
Conditioning Mani- & Pedicure  
Reflexology Ritual  
Eye Massage

**R 4 960** **R 7 820**  
PER PERSON PER COUPLE

### PAMPER ESCAPE

**SERVED ON ARRIVAL**  
Selection of Arrival snacks

**FOOD SERVICE**  
Spa Picnic Lunch

**ACCOMMODATION**  
Deluxe Room inclusive of dinner bed & breakfast

**TREATMENTS** - 3hrs 15min  
Hot Stone Full Body  
African Glow Facial  
African Scalp Massage  
Express Mani- and Pedicure

**R 3 240** **R 4 410**  
PER PERSON PER COUPLE

## FULL DAY PACKAGES

### ROYAL EXPERIENCE

**FOOD SERVICE**  
Spa Picnic Lunch

**TREATMENTS** - 4hrs 30min  
Spa in the Country Royal  
Glow Experience  
(Full Body Massage & Scrub)  
Signature Facial  
Deluxe Pedicure (Incl. Eye Treatment)  
Conditioning Manicure

**R 3 350** **R 5 990**  
PER PERSON PER COUPLE

### PREGNANCY PAMPER EXPERIENCE

**FOOD SERVICE**  
Spa Picnic Lunch

**TREATMENTS** - 3hrs 30min  
Prenatal Massage  
Conditioning Manicure  
Conditioning Pedicure  
African Scalp Massage

**R 1 860**  
PER PERSON

### DEVINE ESCAPE

**SERVED ON ARRIVAL**  
Selection of Arrival snacks

**FOOD SERVICE**  
Spa Picnic Lunch

**TREATMENTS** - 3hrs 15min  
Aroma Spa Bath  
Signature Facial OR  
Express Mani- & Pedicure with Scalp Massage  
Hot Stone Full Body Massage  
Reflexology Ritual  
Eye Massage

**R 3 440** **R 6 180**  
PER PERSON PER COUPLE



## HALF DAY PACKAGES

### CHAMPAGNE BREAKFAST

Champagne Breakfast at the Hotel  
187ml Sparkling Wine (JC le Roux La Domaine)  
Full use of spa facilities

**TREATMENTS** - 1hr 30min  
Shea Butter Full Body Massage  
Kalahari Hydrating & Nourishing Facial

**R 1 250** **R 2 500**  
PER PERSON PER COUPLE

### GIRLS DAY OUT

Full use of spa facilities

**FOOD SERVICE**  
Spa Lunch

**TREATMENTS** - 2 hrs 15min  
Back, Neck & Shoulder Massage  
Express Manicure  
Deluxe Pedicure (Incl. Eye Treatment)  
Eye Massage

**R 1 540** **R 3 070**  
PER PERSON PER COUPLE

## SPECIAL PACKAGES

### MOM AND ME

**FOOD SERVICE**  
Spa Picnic Lunch

**TREATMENTS** - 4hrs  
Swedish Massage  
African Glow Facial  
Conditioning Manicure  
Conditioning Pedicure  
Eye Massage

**R 1 900** **R 3 630**  
PER PERSON PER COUPLE

### BRIDAL PACKAGE

**FOOD SERVICE**  
Spa Picnic Lunch

**TREATMENTS** - 6hrs  
Spa in the Country Royal Glow Experience  
(Full Body Massage & Scrub)  
Boabab Vit C Facial  
Lash OR Brow Tint  
Manicure and Pedicure with Gel Overlay  
Eye Massage

**R 2 830** **R 5 650**  
PER PERSON PER COUPLE

### ANNIVERSARY PACKAGE

**FOOD SERVICE**  
Spa Picnic Lunch

**TREATMENTS** - 2hrs 30min  
Shea Butter Full Body Massage  
African Scalp Massage  
Reflexology Ritual  
Aroma Spa Bath  
187ml Sparkling Wine  
(JC le Roux La Domaine)

**R 2 180**  
PER PERSON

**R 4 100**  
PER COUPLE



## MASSAGE RITUALS

AFRICAN SCALP MASSAGE	30MIN R 300	60MIN	90MIN
AROMA THERAPY FULL BODY MASSAGE		R700	R1200
DEEP TISSUE FULL BODY MASSAGE		R700	R1200
FOOT AND LEG RITUAL	R300		
HAND AND ARM RITUAL	R280		
HOT STONE BACK, NECK & SHOULDER MASSAGE	R500		
HOT STONE FULL BODY MASSAGE		R750	R1100
PRENATAL MASSAGE		R650	
SHEA BUTTER FULL BODY MASSAGE		R650	R970
SPA IN THE COUNTRY ROYAL GLOW EXPERIENCE <small>(FULL BODY MASSAGE &amp; SCRUB)</small>			R1000
SWEDISH FULL BODY MASSAGE		R580	R900
BACK, NECK & SHOULDER MASSAGE	R400		



## WAXING RITUALS

FULL LEG WAX	R350
3/4 LEG WAX	R300
HALF LEG WAX	R280
FULL ARM WAX	R250
HALF ARM WAX	R150
BIKINI WAX	R200
UNDER ARM WAX	R180
FULL FACE WAX	R340
HALF FACE WAX	R160
LIP, CHIN OR BROW WAX	R80
EYE BROW SHAPE	R90
BACK WAX FOR MEN	R550

## ESSENTIAL GROOMING RITUALS

### HAND RITUALS

CONDITIONING MANICURE	R330
DELUXE MANICURE	R400
EXPRESS MANICURE (BUFF AND SHINE ONLY)	R160
PARAFFIN DIP	R100

### FOOT RITUALS

CONDITIONING PEDICURE	R350
DELUXE PEDICURE	R400
EXPRESS PEDICURE (BUFF AND SHINE ONLY)	R160
CALLUSE MEDI PEDI PEELING	R250
PARAFFIN DIP	R100

## BODY TREATMENTS

FULL BODY SUGAR SCRUB	R420
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## GROOMING RITUALS

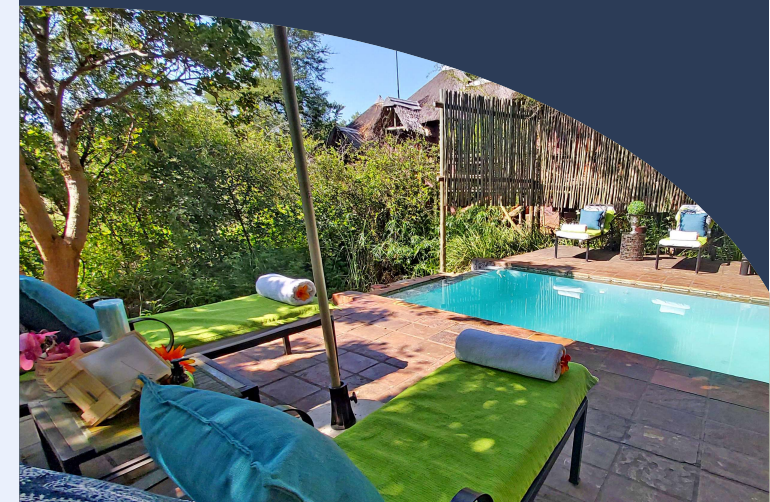
EYE LASH TINT	R90
EYE BROW TINT	R90
EYE LASH AND BROW TINT	R170

## FACIALS

SIGNATURE FACIAL	R500
HYDRATING AND NOURISHING FACIAL	R350
BACK FACIAL	R650

## EXTRAS

SPA BATH - AROMA SPA BATH	R300
SOAK OR BUFF OFF - GEL	R100
SPA FACILITIES	R100



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